

# Morning Prayer<sup>1</sup>

## **Call to Prayer**

*All:* + In the name of the Father, and the Son, and the Holy Spirit, Amen.

*Leader:* Come, let us bow down in worship, let us kneel before the LORD our Maker.

*All:* For he is our God and we are the people of his pasture, the flock under his care.<sup>2</sup>

*Leader:* Blessed be God: Father, Son, and Holy Spirit.

*All:* And blessed be his kingdom, now and forever. Amen.

*Leader:* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. (*All*) Amen.<sup>3</sup>

## **Song(s)**

### **Call to Holiness & Confession of Sin**

*Leader:* Who is it that you seek?

*All:* We seek the Lord our God.

*Leader:* Do you seek him with all your heart?

*All:* Amen. Lord, have mercy.

*Leader:* Do you seek him with all your soul?

*All:* Amen. Lord, have mercy.

*Leader:* Do you seek him with all your mind?

*All:* Amen. Lord, have mercy.

*Leader:* Do you seek him with all your strength?

*All:* Amen. Lord, have mercy.

*Leader:* Do you seek to love your neighbor as yourself? *All:* Amen. Christ, have mercy.<sup>4</sup>

*Silence (allow the Holy Spirit to search your heart)*

*Leader:* Dear friends in Christ, here in the presence of Almighty God, let us bow in silence, and with penitent and obedient hearts confess our sins, so that we may obtain forgiveness by his infinite goodness and mercy.

*Silence (bring your sins to the cross and give them to Jesus)*

*Leader:* Let us pray. *All:* Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. Amen.<sup>5</sup>

## **Nicene Creed**

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin

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<sup>1</sup> Found in *Ancient Wells* by George and Hanna Miley, used with permission.

<sup>2</sup> *Psalm 95:6-7*

<sup>3</sup> *Book of Common Prayer*, p. 355

<sup>4</sup> Adapted from *Celtic Daily Prayer*

<sup>5</sup> *Book of Common Prayer*, p. 398

Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.<sup>6</sup> With the Father and the Son he is worshipped and glorified. He has spoken through the Prophets.

We believe in one holy catholic<sup>7</sup> and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.<sup>8</sup>

### ***Praying the Psalm(s)***

*Readers: Each in turn reads one verse from their own Bible until the psalm is completed.*

### ***Reading(s)***

*As assigned by the Leader.*

### ***Spontaneous Thanksgivings & Prayers***

#### ***The Lord's Prayer***

#### ***Song(s)***

#### ***Prayer adapted from St. Patrick's Breastplate***

*All: Christ as a light, illumine and guide me. Christ as a shield, overshadow me.*

*Christ under me, Christ over me, Christ beside me, on my left and my right.*

*This day be within and without me, lowly and meek, yet all powerful.*

*Be in the heart of each to whom I speak, and in the mouth of each who speaks unto me.*

*This day be within and without me, lowly and meek, yet all powerful.*

*Christ as a light, Christ as a shield, Christ beside me, on my left and my right.<sup>9</sup>*

#### ***Concluding Prayer of the Church***

*Leader: Lord, hear the prayers of your people and bring the hearts of believers together in your praise and in common sorrow for their sins. Heal all divisions among Christians that we may rejoice in the perfect unity of your Church and move together as one to eternal life in your kingdom.*

*All: Grant this through our Lord Jesus Christ, your Son, Who lives and reigns with you and the Holy Spirit, One God, forever and ever. Amen.<sup>10</sup>*

#### ***Benediction***

*Leader: "The LORD bless you and keep you; the LORD make his face shine upon you and be gracious to you; the LORD turn his face toward you and give you peace."<sup>11</sup>*

*All: + In the name of the Father, and the Son, and the Holy Spirit, Amen.*

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<sup>6</sup> The Orthodox church does not include the words "and the Son".

<sup>7</sup> The word "catholic" in the creed does not refer to the Roman Catholic church exclusively, but means "universal".

<sup>8</sup> *Book of Common Prayer*, p. 358

<sup>9</sup> *Celtic Daily Prayer*, p. 18. Adapted lyrically in *Christ as a Light* by John Michael Talbot, *Hiding Place*.

<sup>10</sup> *The Liturgy of the Hours*

<sup>11</sup> *Numbers 6:24-26*